

Half Marathon Km markers Start: 0730 10K Km markers Start: 0830

1st part of HM route solely used by Half Marathon participants 2nd part of route used by both Half Marathon and 10K participants

1st part of 10K route solely used by 10K participants

The 10K joins the Half Marathon at the 4th Kilometre



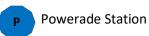
Water Station



Sponge Station



Changing and Baggage facilities







Registration